

Ames Christian School Lunch Menu: Jan. 2026

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Orange Chicken Brown Rice Cauliflower Roasted Green Beans Orange Wedges Apples	Classic American Burger Grape Tomatoes Steamed Broccoli Fruit Cocktail Banana	Chicken Tenders Whole Grain Biscuit Fresh Carrots Baked Beans Chilled Peaches Fresh Clementine	Tater Tot Casserole Whole Grain Dinner Roll Fresh Broccoli Seasoned Corn Pineapple Chunks Pear	Cheese Stuffed Breadsticks Celery Sticks Herbed Cauliflower Diced Peaches Oranges
12	13	14	15	16
BBQ Chicken Sandwich Grape Tomatoes Roasted Green Beans Applesauce Apples	Chicken and Cheese Quesadilla Celery Sticks Seasoned Black Beans Fruit Cocktail Banana	Sweet & Sour Chicken Brown Rice Fresh Cauliflower Roasted Broccoli Pineapple Tidbits Clementines	Beef Nachos & Salsa Shredded Lettuce Seasoned Corn Chilled Peaches Pears	Pack Lunch
19	20	21	22	23
Pack Lunch	Lo Mein Noodles with Chicken Fresh Grape Tomatoes Vegetarian Baked Beans Banana	Chicken Pasta Alfredo Fresh Carrots Rainbow Veggie Medley Sliced Pears Clementines	Crispy Chicken Patty Sandwich Green Pepper Strips Tater Tots Pineapple Tidbits Pears	Pierogies with Marinara Sauce Garlic Flatbread Fresh Cauliflower Savory Green Beans Chilled Peaches Orange Wedges
26	27	28	29	30
Breaded Chicken Drumstick Whole Grain Dinner Roll Fresh Carrots Seasoned Corn Chilled Peaches Apple	Chicken and Cheese Crispito Fresh Broccoli Florets Roasted Green Beans Chilled Sliced Pears Banana	Spaghetti with Italian Meat Sauce Fresh Celery Sticks Rainbow Veggie Medley Apples Clementines	Grilled Cheese Red & Green Bell Pepper Strips Roasted Broccoli Fruit Cocktail Pears	Pancakes Turkey Sausage Patty Fresh Cauliflower Florets Tater Tots Pineapple Tidbits