

# KID'S STOP Cafe



eat. learn. live.

## Ames Chrisitan Lunch Menu: November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<b>Denver Omelet Bowl with WG Waffles</b>  Roasted Peppers Fresh Celery Sticks Chilled Pears Clementine Oranges Milk	<b>Beef Teriyaki Nuggets with Brown Rice</b>  Glazed Carrots Sugar Snap Peas Pineapple Tidbits Fresh Pear Milk	<b>Mozzarella Pizza Crunchers with Marinara Sauce</b>  Roasted Broccoli Florets Grape Tomatoes Chilled Peaches Fresh Orange Wedges Milk
6	7	8	9	10
<b>Chicken Nuggets with Garlic Flatbread</b>  Roasted Green Beans Fresh Baby Carrots Triopical Fruit Cocktail Fresh Apple Milk	<b>Chicken and Cheese Quesadilla</b>  Mexican Style Black Beans Sugar Snap Peas Chilled Pears Fresh Banana Milk	<b>Chorizo Mac and Cheese</b>  Roasted Broccoli Florets Fresh Celery Sticks Raisins Clementine Oranges Milk	<b>Sweet Chili Chicken with Brown Rice</b>  Glazed Carrots Fresh Broccoli Florets Chilled Peaches Fresh Pear Milk	<b>Cheese Pizza</b>  Seasoned Corn Fresh Cauliflorets Mandarin Oranges Fresh Orange Wedges Milk
13	14	15	16	17
<b>Popcorn Chicken with a WG Dinner Roll</b>  Garlic Mashed Potatoes Fresh Broccoli Florets Chilled Peaches Fresh Apple Milk	<b>Pizza Pasta Casserole with Toasted Flatbread</b>  Roasted Green Beans Fresh Baby Carrots Sliced Pears Fresh Banana Milk	<b>Biscuit and Gravy with Scrambled Eggs</b>  Hashbrown Patty Sugar Snap Peas Applesauce Clementine Oranges Milk	<b>Chicken and Cheese Burrito</b>  Elotes Style Corn Fresh Bell Peppers Fruit Cocktail Fresh Pear Milk	<b>BBQ Chicken Drumstick with Cornbread</b>  BBQ Baked Beans Fresh Cauliflower Florets Craisins Fresh Orange Wedges Milk
20	21	22	23	24
<b>Mini Turkey Corn Dogs</b>  Roasted Green Beans Fresh Cherry Tomatoes Sliced Pears Fresh Apple Milk	<b>Sloppy Joe Sandwich</b>  Steamed Peas Fresh Celery Sticks Applesauce Fresh Banana Milk	<h1>Thanksgiving Break</h1>		
27	28	29	30	
<b>Chicken Cordon Bleu with WG Pasta</b>  Boston Baked Beans Fresh Baby Carrots Craisins Fresh Apple Milk	<b>Hot Ham and Cheese Sandwich</b>  Seasoned Corn Cool Peas Mandarin Oranges Fresh Banana Milk	<b>French Toast Sticks with Egg Patty</b>  Tater Tots Fresh Cauliflorets Chilled Peaches Clementine Oranges Milk	<b>Chicken Teriyaki Lo Mein</b>  Steamed Broccoli Fresh Bell Pepper Strips Pineapple Chunks Fresh Pear Milk	

Menu Subject to Change.

Milk Choices Daily: 1% and Skim White, and Skim Chocolate

This institution is an equal opportunity provider.

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