

Ames Christian Lunch Menu: May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Spaghetti w/ Meatballs	Sweet and Sour Chicken Brown Rice	Mozzarella Cheese stick w/ Marinara
		Corn	Roasted Peppers	cauliflower
		Cauliflower	Broccoli	Broccoli
		Tropical Fruit	Raisins	pineapple
		clementine	pears	orange wedge
		milk	Milk	Milk
6	7	8	9	10
Chicken Cordon Bleu	Salisbury steak w/ gravy	French Toast Sticks w/ Egg Patty	Chicken Teriyaki Lo Mein	Hot Ham and Cheese Sandwich
Rotini Pasta	Dinner Roll	tator tots	Broccoli	Peas
baked beans	Mashed potatoes	cauliflower	Red & green peppers	sugar snap peas
baby carrots	peas	peaches	Pineapple	Pears
Craisin	mandrin Oranges	Clementines	pears	orange wedge
apple	Bananas	milk	Milk	Milk
milk	milk			
13	14	15	16	17
Mac and Cheese with Chorizo	Beef Chili w/ Biscuit	Chicken Alfredo	Pulled Pork Sandwich	Chicken Tenders & Waffles
Green Beans	black beans	Broccoli	cauliflower	Baked Beans
celery sticks	broccoli	cucumber	grape tomatoes	Celery Sticks
pineapple	raisins	applesauce	peaches	Pears
apple	banana	clementine	pears	Clementines
milk	milk	milk	milk	milk
20	21	22	23	24
Chicken Parmesan w/ breadstick	Tator Tot Casserole w/ Biscuits	Grilled Cheese	Beef Teriyaki Dipper Brown Rice	No School
Corn	Peas	Green beans	Cinn Carrots	
Broccoli	Cauliflower	celery sticks	Snap peas	
Mandarin Oranges	Craisins	pears	Pineapple	
apple	Banana	Clementine	Pears	
Milk	Milk	Milk	milk	
27	28	29	28	29
No School	No School	No School	No School	No School

Menu Subject to Change.

This institution is an equal opportunity provider.

Contact us: Jessica.King@ames.k12.ia.us