

Ames Christian Lunch Menu: February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Beef Teriyaki Dppers	Pizza Crunchers w/Marinara
			Brown Rice	Broccoli
			Cinnamon Carrots	Grape Tomatoes
			Snap Peas	Peaches
			Pears	Orange wedge
			Milk	Milk
5	6	7	8	9
Popcorn Chicken w/ Dinner Roll	Pizza Pasta Casserole	Fish Sticks w/ tartar sauce	Chicken Burrito	Chicken Drumstick
Mashed Potatoes	flatbread	Brown Rice	Elote Corn	Cornbread
Corn	Green beans	carrots	Red and green Peppers	Baked Beans
Fruit Cocktail	Carrots	Snap peas	Peaches	Broccoli
apple	pears	apple	Pears	Craisins
Milk	Banana	Clementines	Milk	Orange wedge
	Milk	milk		Milk
12	13	14	15	16
Mini Corn Dogs	Sloppy Joe	Spaghetti with Meatballs	Sweet and Sour Chicken	Mozzarella Cheese stick w/ Marinara
Green beans	Peas	corn	Brown Rice	cauliflower
grape tomatoes	celery sticks	cauliflower	Red & green peppers	Broccoli
Pears	cinn applesauce	Tropical fruit	Broccoli	pineapple
apple	banana	Clementines	raisins	orange wedge
milk	milk	milk	pears	Milk
			Milk	
19	20	21	22	23
No School	Salisbury steak w/ gravy	French Toast Sticks w/ Egg Patty	Chicken Teriyaki Lo Mein	Hot Ham and Cheese Sandwich
	Dinner Roll	tator tots	Broccoli	Peas
	Mashed potatoes	cauliflower	Red & green peppers	sugar snap peas
	peas	peaches	Pineapple	Pears
	mandrin Oranges	Clementines	pears	orange wedge
	Bananas	milk	Milk	Milk
	milk			
26	27	28	29	
Pulled Pork Sandwich	Beef Chili w/ Gold Fish	Chicken Alfredo	Turkey Cheddar Nachos	
Green Beans	black beans	Broccoli	cauliflower	
celery sticks	broccoli	cucumber	grape tomatoes	
pineapple	raisins	applesauce	peaches	
apple	banana	clementine	pears	
milk	milk	milk	milk	

Menu Subject to Change.

This institution is an equal opportunity provider.

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