

Ames Christian School Lunch Menu: Oct. 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Spaghetti with Italian Meat Sauce Sugar Snap Peas Veggie Medley Gala Apples Clementine	No School	No School
6	7	8	9	10
Chicken & Cheese Crispito Salsa Green Peppers Mexican Syle Refried Beans Mandarin Oranges Gala Apples	Mashed Potato and Chicken Bowl Fresh Cauliflower Cinnamon Applesauce Banana	Swedish Meatballs Rotini Pasta Sugar Snap Peas Green Beans Chilled Peaches Clementine	Hot Ham and Cheese Sandwiches Grape Tomatoes Veggie Medley Raisins Fresh Pear	Scrambled Eggs French Toast Sticks Carrots Seasoned Diced Potatoes Chilled Pineapple Chunks Oranges
13	14	15	16	17
Orange Chicken Cauliflower Green Beans Orange Wedges Gala Apples	Chicken Pasta Alfredo Sugar Snap Peas Steamed Broccoli Banana	Chicken Nuggets Whole Grain Dinner Roll Fresh Carrots Baked Beans Chilled Peaches Fresh Clementine	Tater Tot Casserole Baked Whole Grain Biscuit Grape Tomatoes Seasoned Corn Chilled Pineapple Chunk Fresh Pear	Cheese Stuffed Breadsticks Marinara Sauce Celery Sticks Herbed Cauliflower Chilled Diced Pears Fresh Orange Wedges
20	21	22	23	24
Chicken Corn Dog Grape Tomatoes Roasted Green Beans Sliced Fresh Apples Gala Apple	Beef Taco Supreme Shredded Lettuce Salsa Celery Sticks Seasoned Black Beans Raisins Banana	Sweet and Sour Chicken Brown Rice Sugar Snap Peas Roasted Broccoli Pineapple Tidbits Clementine	Hamburger Green Peppers Seasoned Fries Chilled Peaches Fresh Pear	Cheese Pizza Cruncher Marinara Sauce Fresh Carrots Sesoned Corn Chilled Sliced Pears Fresh Orange Wedges
27	28	29	30	31
Turkey & Cheese Wrap Sugar Snap Peas Seasoned Corn Mandarin Oranges Gala Apple	Turkey Hot Dog Grape Tomatoes Vegetarian Baked Beans Craisins Banana	French Bread Multi Cheese Garlic Pizza Marinara Sauce Fresh Carrots Veggie Medley Chilled Sliced Pears Fresh Clementine	Crispy Chicken Patty Sandwich Green Peppers Tater Tots Pineapple Tidbits Fresh Pear	