

KID'S STOP Cafe



eat. learn. live.

Ames Christian Lunch Menu: December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Baja Beef Rice Bowl Elotes Style Corn Cool Peas Raisins Fresh Pear Milk	Crunchy Fish Sticks with Tartar Sauce Tater Tots Cilantro Lime Coleslaw Pineapple Chunks Fresh Orange Wedges Milk
5	6	7	8	9
Jumbo Chicken Tenders with Fresh Baked Biscuit Steamed Peas Fresh Carrots Craisins Fresh Apple Milk	BBQ Pulled Pork Sandwich Roasted Green Beans Sliced Bell Peppers Mandarin Oranges Fresh Banana Milk	Chicken Alfredo with WG Spaghetti Roasted Broccoli Florets Fresh Cauliflower Florets Sliced Peaches Clementine Oranges Milk	Korean BBQ Chicken with Brown Rice Cinnamon Glazed Carrots Cool Peas Pineapple Chunks Fresh Pear Milk	Classic Cheeseburger on WG Bun Cheesy Cauliflower Florets Fresh Broccoli Florets Diced Pears Fresh Orange Wedges Milk
12	13	14	15	16
Beef Teriyaki Dippers with Dinner Roll Garlic Mashed Potatoes Sugar Snap Peas Fruit Cocktail Fresh Apple Milk	Tater Tot Casserole with WG Biscuit Steamed Corn Fresh Celery Sticks Raisins Fresh Banana Milk	French Toast with Scrambled Eggs Tater Tots Fresh Cherry Tomatoes Strawberry Applesauce Clementine Oranges Milk	Soft Turkey Tacos Sautéed Peppers Fresh Broccoli Sliced Peaches Fresh Pear Milk	Mozzarella Pizza Crunchers with Marinara Sauce Mixed Vegetables Fresh Carrots Sliced Pears Fresh Orange Wedges Milk
19	20	21	22	23

Holiday Break

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Menu Subject to Change.

Milk Choices Daily: 1% and Skim White, and Skim Chocolate

This institution is an equal opportunity provider.

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