

KID'S STOP Cafe



eat. learn. live.

Ames Elementary Lunch Menu: December 2020

Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
Chicken and Biscuit Box "Night Vision" Sliced Carrots Cherry Tomatoes Fresh Apple Slices Fruit Cocktail Milk	Muffin Fun Lunch - Blueberry Muffin, Yogurt, String Cheese Roasted Green Beans Fresh Carrots Fresh Pear Chilled Peaches Milk	Cheeseburger on Whole Wheat Bun Baked Crinkle Fries Cherry Tomatoes Fresh Banana Pineapple Tidbits Milk	Popcorn Chicken "Night Vision" Sliced Carrots Fresh Carrots Fresh Orange Wedges Apple Cinnamon Slices Milk	Macaroni and Cheese Seasoned Peas Cherry Tomatoes Assorted Craisins Fruit Cocktail Milk
7	8	9	10	11
Toasted Ham and Mozzarella on Whole Wheat Bread Seasoned Broccoli with Cheese Sauce Cherry Tomatoes Fresh Apple Slices Fruit Cocktail Milk	Classic Hamburger on Whole Wheat Bun "Night Vision" Sliced Carrots Fresh Carrots Fresh Pear Chilled Peaches Milk	Sloppy Joe Baked Crinkle Fries Cherry Tomatoes Fresh Banana Pineapple Tidbits Milk	Chicken Nuggets Vegetarian Baked Beans Fresh Carrots Fresh Orange Wedges Apple Cinnamon Slices Milk	Macaroni and Cheese Seasoned Peas Cherry Tomatoes Assorted Craisins Fruit Cocktail Milk
14	15	16	17	18
Orange Chicken with Whole Wheat Dinner Roll Glazed Carrots Cherry Tomatoes Fresh Apple Slices Fruit Cocktail Milk	Crispy Chicken Patty on Whole Wheat Bun Baked Crinkle Fries Fresh Carrots Fresh Pear Chilled Peaches Milk	Barbecue Chicken with Mashed Potatoes Seasoned Corn Cherry Tomatoes Fresh Banana Pineapple Tidbits Milk	Mini Turkey Corn Dogs Mixed Vegetable Medley Fresh Carrots Fresh Orange Wedges Apple Cinnamon Slices Milk	Cheesy Dippers with Marinara Sauce Savory Green Beans Cherry Tomatoes Assorted Craisins Fruit Cocktail Milk
21	22	23	24	25
Winter Break - No Classes (see holiday menu at ames.nutrislice.com)				
28	29	30	31	
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Menu Subject to Change.

Milk Choices Daily: 1% and Skim White, and Skim Chocolate

This institution is an equal opportunity provider.

Contact us: Marilyn Rutherford @ marilyn.rutherford@ames.k12.ia.us