

Ames Christian Lunch Menu - April 2022

Monday	Tuesday	Wednesday	Thursday	Friday
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				Bean and Cheese Quesadilla
				Mexicali Corn
				Fresh Carrots
				Fresh Apple Slices
				Chilled Pears
				Milk
4	5	6	7	8
Teriyaki Beef Dippers with Dinner Roll	Classic Cheeseburger on WG Bun	Cinnamon French Toast Sticks with Scrambled Eggs	Korean BBQ Chicken with Brown Rice	Cheese Stuffed Breadsticks with Marinara
Seasoned Peas	Seasoned Corn	Tater Tots	Seasoned Broccoli Florets	Cheesy Cauliflower
Fresh Baby Carrots	Fresh Cauliflower Florets	Fresh Sugar Snap Peas	Fresh Cherry Tomatoes	Red and Green Pepper Strips
Clementine Orange	Fresh Apple	Fresh Pear	Fresh Apple Slices	Raisins
Pineapple Tidbits	Mandarin Oranges	Fruit Cocktail	Chilled Pears	Chilled Peaches
Milk	Milk	Milk	Milk	Milk
11	12	13	14	15
Beef Hot Dog on WG Bun	Crispy Chicken Patty Sandwich	Meatballs in Zesty Marinara with Rotini Pasta	Teriyaki Chicken Lo Mein	No School - Easter Break
Roasted Mixed Vegetables	Oven Baked Fries	Seasoned Peas	Sliced Carrots	
Fresh Baby Carrots	Fresh Celery Sticks	Fresh Broccoli Florets	Fresh Sugar Snap Peas	
Fresh Clementine	Fresh Pear	Raisins	Fresh Apple	
Chilled Pears	Chilled Peaches	Mandarin Oranges	Pineapple Tidbits	
Milk	Milk	Milk	Milk	
18	19	20	21	22
No School - Easter Break	Turkey, Cheese, and Bacon Panini	Biscuit and Turkey Sausage Gravy with Scrambled Eggs	Orange Chicken with brown Rice	Mini Turkey Corn Dogs
	Seasoned Corn	Tater Tots	Seasoned Broccoli	Roasted Green Beans
	Red and Green Bell Pepper Strips	Fresh Broccoli Florets	Fresh Cherry Tomatoes	Fresh Sliced Cucumber
	Fresh Banana	Clementine Orange	Fresh Pear	Craisins
	Chilled Peaches	Chilled Pears	Pineapple Tidbits	Fruit Cocktail
Milk	Milk	Milk	Milk	
25	26	27	28	29
Cheese Pizza	Soft Turkey WG Tacos	Chicken Nuggets	Sweet and Sour Chicken with	Tomato and Mozzarella Panini
Seasoned Peas	Mexican Style Refried Beans	Seasoned Corn	Seasoned Broccoli	Glazed Carrots
Fresh Baby Carrots	Fresh Cherry Tomatoes	Fresh Celery Sticks	Fresh Cauliflower Florets	Red and Green Bell Pepper Strips
Fresh Apple	Fresh Orange Wedges	Raisins	Fresh Pear	Clementine Orange
Chilled Pears	Pineapple Tidbits	Strawberry Applesauce	Mandarin Oranges	Chilled Peaches
Milk	Milk	Milk	Milk	Milk

Menu Subject to Change.

This institution is an equal opportunity provider.
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Milk Choices Daily: 1% and Skim White, and Skim Chocolate