



## Ames Christian Lunch Menu - April 2021

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>	<b>2</b>
			<b>Chicken Parmesan</b> Seasoned Broccoli Florets Red and Green Bell Pepper Strips Chilled Diced Pears Fresh Orange Wedges Milk	<b>No School</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>No School</b>	<b>Whole Grain Macaroni and Cheese</b> Seasoned Peas Fresh Sugar Snap Peas Chilled Peaches Fresh Pear Milk	<b>Rotini Pasta with Meatballs in Spaghetti Sauce and a Garlic Breadstick</b> Roasted Green Beans Red and Green Bell Pepper Strips Pineapple Tidbits Fresh Banana Milk	<b>Beef Hot Dog on Whole Wheat Bun</b> Boston Baked Beans Fresh Broccoli Florets Cinnamon Applesauce Fresh Orange Wedges Milk	<b>Cheesy Dippers</b> Seasoned Broccoli with Cheese Sauce Marinara Sauce Chilled Diced Pears Assorted Craisins Milk
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>Biscuit and Turkey Sausage Country Gravy with an Egg Patty</b> Tater Tots Fresh Baby Carrots Mandarin Oranges Fresh Apple Slices Milk	<b>Whole Grain Chicken Nuggets</b> Seasoned Corn Fresh Celery Sticks Chilled Peaches Fresh Banana Milk	<b>Pizza Pasta Bake</b> Seasoned Broccoli Florets Fresh Cauliflower Florets Pineapple Tidbits Fresh Pear Milk	<b>Crispy Chicken Patty on Whole Wheat Bun</b> Baked Crinkle Fries Fresh Cherry Tomatoes Cinnamon Applesauce Fresh Orange Wedges Milk	<b>Mini Chicken Corn Dogs</b> Roasted Green Beans Fresh Broccoli Florets Chilled Diced Pears Assorted Craisins Milk
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>Teriyaki Glazed Chicken with Brown Rice</b> Seasoned Mixed Veggies Fresh Baby Carrots Pineapple Tidbits Fresh Apple Slices Milk	<b>Classic Hamburger on Whole Wheat Bun</b> Seasoned Broccoli with Cheese Sauce Red and Green Bell Pepper Strips Chilled Peaches Fresh Pear Milk	<b>Turkey Taco Pie</b> Seasoned Corn Fresh Celery Sticks Mandarin Oranges Fresh Banana Milk	<b>Whole Grain Crispy Chicken Breast Tenders</b> Baked Crinkle Fries Fresh Cherry Tomatoes Cinnamon Applesauce Fresh Orange Wedges Milk	<b>Whole Grain Macaroni and Cheese</b> Seasoned Peas Fresh Broccoli Florets Chilled Diced Pears Assorted Craisins Milk
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>Roasted Turkey and Gravy with a Whole Grain Dinner Roll</b> Mashed Potatoes Fresh Baby Carrots Mandarin Oranges Fresh Apple Slices Milk	<b>Orange Glazed Chicken with Brown Rice</b> Seasoned Broccoli Florets Fresh Celery Sticks Chilled Peaches Fresh Banana Milk	<b>Cinnamon French Toast Sticks with Syrup and Cheesy Scrambled Eggs</b> Tater Tots Red and Green Bell Pepper Strips Pineapple Tidbits Fresh Pear Milk	<b>Cheesy Dippers</b> Seasoned Mixed Veggies Marinara Sauce Cinnamon Applesauce Fresh Orange Wedges Milk	<b>Creamy Chicken Broccoli Casserole</b> Glazed Carrots Fresh Sugar Snap Peas Chilled Diced Pears Assorted Craisins Milk

*Menu Subject to Change.*

Milk Choices Daily: 1% and Skim White, and Skim Chocolate

*This institution is an equal opportunity provider.*

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