



**AMES ELEMENTARY LUNCH MENU: MAY**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><i>This month we're celebrating kale - May 14th!</i></b></p> 		<p><b>1</b></p> <p>Mashed Potato &amp; Chicken Bowl with Dinner Roll</p> <p>Seasoned Corn Power Peas Blueberries</p>	<p><b>2</b></p> <p>Crispy Chicken Patty Sandwich</p> <p>Boston Baked Beans Buttermilk Coleslaw Strawberry Cup</p>	<p><b>3</b></p> <p>Pepperoni Pizza</p> <p>Cinnamon Glazed Carrots Fresh Cauliflower Florets Dried Cranberries</p>
<p><b>6</b></p> <p>Macaroni &amp; Cheese with Dinner Roll</p> <p>Seasoned Peas Fresh Carrot Sticks Chilled Peas</p>	<p><b>7</b></p> <p>Turkey Corn Dog</p> <p>BBQ Baked Beans Fresh Cherry Tomatoes Fresh Orange Wedges</p>	<p><b>8</b></p> <p>Pancakes with Egg Patty</p> <p>Tator Tots Sliced Cucumbers Fresh Banana</p>	<p><b>9</b></p> <p>Orange Chicken with Brown Rice</p> <p>Seasoned Broccoli Florets Power Peas Peaches &amp; Blueberries</p>	<p><b>10</b></p> <p>Cheese Stuffed Breadsticks with Marinara Sauce</p> <p>Savory Green Beans Spinach &amp; Romaine Salad Dried Cherries</p>
<p><b>13</b></p> <p>BBQ Chicken with Fresh Baked Biscuit</p> <p>Mashed Potatoes Fresh Carrots Fresh Apple</p>	<p><b>14</b></p> <p>Turkey Hot Dog on a Bun</p> <p>Boston Baked Beans Fresh Caesar Salad with Kale Fresh Orange Wedges</p>	<p><b>15</b></p> <p>Sloppy Joe</p> <p>Baked Crinkle Fries Power Peas Fresh Banana</p>	<p><b>16</b></p> <p>Chicken Tenders with Dinner Roll</p> <p>Seasoned Broccoli Florets Carrot &amp; Celery Sticks Mixed Fruit</p>	<p><b>17</b></p> <p>Cheese Pizza</p> <p>Seasoned Carrots Fresh Chopped Romaine Dried Cranberries</p>
<p><b>20</b></p> <p>Nachos: Fajita Style Chicken, Tortilla Chips, &amp; Cheddar Cheese Sauce</p> <p>Mexican Style Refried Beans Fresh Romaine Lettuce Fresh Apple</p>	<p><b>21</b></p> <p>Mini Turkey Corn Dogs</p> <p>Tator Tots Fresh Carrots Chilled Peaches</p>	<p><b>22</b></p> <p>Italian Stromboli Grinder</p> <p>Savory Green Beans Fresh Cauliflower Applesauce</p>	<p><b>23</b></p> <p>Chicken Alfredo Pasta W/Garlic Bread</p> <p>Seasoned Broccoli Florets Power Peas Mixed Fruit</p>	<p><b>24</b></p>
<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>	<p><b>31</b></p>



This institution is an equal opportunity provider.

**Food Service Director -**  
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Menu Subject to Change Without Notice. Questions or Comments?  
Contact Dining Services At 515-817- **White, Skim and Skim Chocolate** 0630 or 0632

**Every Day Milk Choices: 1%**