



**AMES CHRISTIAN LUNCH MENU: APRIL**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Chicken Nuggets with Dinner Roll</b> Seasoned Broccoli with Cheese Sauce Fresh Carrot Sticks Fresh Apple	<b>2</b> <b>Classic American Cheeseburger</b> Baked Crinkle Fries Fresh Caesar Salad Chilled Peaches	<b>3</b> <b>Mashed Potato &amp; Chicken Bowl with Dinner Roll</b> Seasoned Corn Fresh Banana	<b>4</b> <b>Crispy Chicken Patty Sandwich</b> Boston Baked Beans Buttermilk Coleslaw Strawberry Cup	<b>5</b> <b>Cheese Stuffed Breadsticks with Marinara Sauce</b> Seasoned Carrots Fresh Cauliflower Florets Fresh Orange Wedges
<b>8</b> <b>Macaroni &amp; Cheese with Dinner Roll</b> Seasoned Peas Fresh Carrot Sticks Chilled Peas	<b>9</b> <b>Turkey Corn Dog</b> BBQ Baked Beans Fresh Cherry Tomatoes Chilled Peaches	<b>10</b> <b>Pancakes with Egg Patty</b> Tator Tots Sliced Cucumbers Fresh Banana	<b>11</b> <b>Orange Chicken with Brown Rice</b> Seasoned Broccoli Florets Power Peas Fresh Apple	<b>12</b> <b>Cheese Pizza</b> Savory Green Beans Spinach & Romaine Salad Dried Cherries
<b>15</b> <b>BBQ Chicken with Fresh Baked Biscuit</b> Mashed Potatoes Fresh Carrots Fresh Apple	<b>16</b> <b>Turkey Hot Dog on a Bun</b> Boston Baked Beans Fresh Caesar Salad Fresh Orange Wedges	<b>17</b> <b>Toasty Cheese Sandwich</b> Tomato Soup Fresh Cauliflower Florets Blueberries	<b>18</b> <b>Chicken Tenders with Dinner Roll</b> Baked Crinkle Fries Power Peas Apricot Cup	<b>19</b> <b>Fish Sticks with Tartar Sauce</b> Seasoned Broccoli with Cheese Sauce Fresh Chopped Romaine Craisins
<b>22</b> <b>Nachos: Fajita Style Chicken, Tortilla Chips, &amp; Cheddar Cheese Sauce</b> Mexican Style Refried Beans Fresh Romaine Lettuce Chilled Peas	<b>23</b> <b>Mini Turkey Corn Dogs</b> Tator Tots Fresh Carrots Apple Salad with Yogurt Dressing	<b>24</b> <b>Italian Meat Sub</b> Seasoned Corn Fresh Cauliflower Florets Applesauce	<b>25</b> <b>Chicken Alfredo Pasta W/Garlic Bread</b> Seasoned Broccoli Florets Power Peas Mixed Fruit	<b>26</b> <b>Cheese Pizza</b> Savory Green Beans Fresh Caesar Salad Fresh Orange Wedges
<b>29</b> <b>Classic Hamburger</b> Baked Crinkle Fries Spinach & Romaine Salad Fresh Apple	<b>30</b> <b>Chicken Nuggets with Dinner Roll</b> Seasoned Broccoli with Cheese Sauce Fresh Carrot Sticks Chilled Peaches			

**This month we're celebrating yogurt!**  
*April 23rd*



This institution is an equal opportunity provider.

**Food Service Director -**  
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Menu Subject to Change Without Notice. Questions or Comments? Contact Dining Services At 515-817-0630 or 0632

**Every Day Milk Choices: 1% White, Skim and Skim Chocolate**